



Experience the Recupe Advantage



Simplified Care on Mobile App: Simple, step-by-step guidance to help you feel confident and supported in your recovery.



Independence with Wearable Device: A comfortable device you wear only when needed, helping you move forward at your own pace.



Support with Caring Coach: A real person who listens, encourages, and guides you every step of the way.



Recupe: Your Ultimate Recovery Companion

Our mobile app and wearable device are designed to support your recovery wherever you are. We know that every recovery journey is unique, which is why the Recupe program provides personalized care and guidance every step of the way.

Why Recupe is Part of Your Recovery Plan

Healing Assistance: Recupe supports your recovery with a care plan created by your treating physician or PT/OT, along with real people who guide and encourage you every step of the way.

Care Team Connection: Your Recupe coach is a real person who works closely with your treating physician or PT/OT and case manager to check in, answer questions, and support you when you need it most.

Anywhere, Anytime Recovery: Whether you're at home or at work, Recupe keeps you connected to real people who help you stay on track with simple tools and personalized care.

Getting Started with Recupe

- ♦ Enjoy the program at no cost to you
- ♦ Look out for a welcome text from your Recupe coach. Respond to the text.
- ♦ Your coach from Recupe will call you to start your program.



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